

# Protocol of the CEREC treatment

Step by step towards success. Use this checklist to ensure that things will go smooth during your first treatment. Your steps are marked in dark gray, assistant tasks are marked in light gray.

|  Task  |
|---|
| <input type="checkbox"/> Turn on the CEREC device   |
| <input type="checkbox"/> Set up the "Preparation" tray  |
| <input type="checkbox"/> Set up the CEREC device (open the CEREC software, open/set up patient profile)                                   |
| <input type="checkbox"/> Check static occlusion with red paper  |
| <input type="checkbox"/> Scan the maxillary and mandibular quadrants/bite   |
| <input type="checkbox"/> Anesthesia   |
| <input type="checkbox"/> Preparation  |
| <input type="checkbox"/> Gingiva management (retraction with thread or astringent paste; if needed, a hemostatic agent, such as Expasyl®) |
| <input type="checkbox"/> In case of using CEREC Omnicam, cut out the prepared tooth from the scan   |
| <input type="checkbox"/> Postscanning of the preparation  |
| <input type="checkbox"/> Manufacture of the restoration   |
| <input type="checkbox"/> Shade selection  |
| <input type="checkbox"/> Mounting the block   |
| <input type="checkbox"/> Prepare "Insertion" tray   |
| <input type="checkbox"/> Test the restoration   |
| <input type="checkbox"/> Polish (proximal)  |
| <input type="checkbox"/> Depending on the material, mounting and preparation of the ceramic part (etching, silanating)                    |
| <input type="checkbox"/> Tooth preparation (cleaning, etching, bonding)   |
| <input type="checkbox"/> Keep tooth dry   |
| <input type="checkbox"/> Insert   |
| <input type="checkbox"/> Preliminary cleaning   |
| <input type="checkbox"/> Press into final position and keep pressing  |
| <input type="checkbox"/> Dental floss and final cleaning  |
| <input type="checkbox"/> Remove thread, if applicable   |
| <input type="checkbox"/> Harden   |
| <input type="checkbox"/> Remove rubber dam if present   |
| <input type="checkbox"/> Remove excess with the scalpel   |
| <input type="checkbox"/> Occlusion check  |
| <input type="checkbox"/> Adjustments  |
| <input type="checkbox"/> Polish   |
| <input type="checkbox"/> Fluoridate   |
| <input type="checkbox"/> Save CEREC patient case  |
| <input type="checkbox"/> Clean up room (remove instruments, clean/disinfect CEREC)  |